A group of five diverse students (three men and two women) are smiling and standing together. The man on the far left is Black, wearing a white t-shirt. The man next to him is of East Asian descent, wearing a plaid shirt. The man in the center is a young white man with a red t-shirt featuring a horizontal striped pattern. The woman next to him is a young white woman with long brown hair, wearing a blue long-sleeved shirt. The woman on the far right is a young white woman with short blonde hair, wearing a red and white checkered shirt and holding a yellow folder. The background is a light blue gradient with some green and yellow geometric shapes in the top right corner. A large green diagonal shape is in the bottom left corner.

INTERNATIONAL STUDENT GUIDEBOOK



Eden
COLLEGE
OF BUSINESS AND HEALTH

PRINCIPAL WELCOME

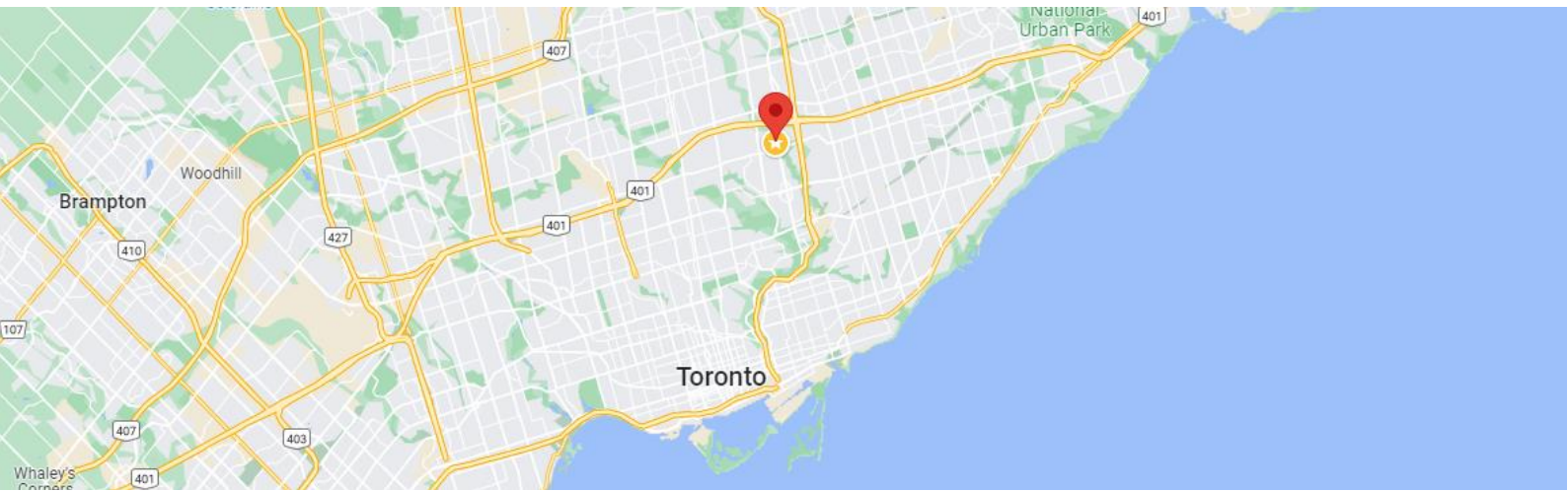
Welcome to Eden College and Canada! We know you have travelled a long way to be here and are looking forward to your educational experience in Canada. We look forward to meeting you and supporting you throughout your time on campus. Eden College offers a wide range of programs and services designed to make you feel welcome and to support your academic and social success during your time at Eden. Our International Student Advisors and professional staff provide confidential advice and services on a range of issues such as immigration, work permits, health coverage, intercultural communication, English conversation support, income tax completion, peer support, and much more. This handbook will give you a brief introduction to our programs and services and serve as a guide as you make the transition into your new academic environment. At Eden, we welcome diversity. International students enrich our classrooms, our research initiatives, our campus, and the Toronto community as a whole. During your time with us, we encourage you to share your unique experiences and perspectives as you interact with fellow students, faculty members and staff, both inside and outside the lecture hall.

Finally, we invite you to drop in to meet the Eden team and to use the space often to relax and study with friends. Please consider Eden your home away from home!

Sincerely,

Leon Li,
Principal, Eden College





About Eden

Eden College is a registered comprehensive career college in North York, Ontario. We offer diploma and certificate courses in Business Management and Aesthetics. With over 25 years of industry experience, Eden College has helped thousands of students reach their career goals.

At Eden College, we are recognized for our professional, hands on, real-world career training and supportive culture. Our faculty and staff are committed to your success, helping students become skillful, confident and in-demand employees. Our team of professionals is dedicated to providing students with an exceptional learning experience through small class sizes, experienced instructors, the latest industry technology and high-quality program offerings.

01

1.Learn Hands-on

02

Graduate Job-Ready

03

Fast-Track Your Career

04

Find Your Dream Job



WELCOME TO TORONTO, ONTARIO, CANADA



Toronto, vitality through diversity

T.O., Hogtown, T-dot. Whatever moniker you choose, Toronto is celebrated as Canada's intellectual, business and multicultural capital — and one of the great destinations to live and study in the world. Toronto is widely recognized as one of the world's most diverse and vibrant cities. Half of its 2.5 million residents were born outside of Canada. They have brought their cultures with them, which take form in the dozens of cultural havens within the city, from Little Italy to Little Jamaica. An intellectual and creative powerhouse, Toronto is also a city of year-round celebrations: the North by Northeast Music Festival, one of North America's largest Pride Week celebrations, the Toronto International Film Festival, and much more. It's fast and reliable transit system quickly gets you where you want to be.



TORONTO WEATHER AND CLOTHING

Spring

(March 20 to June 20)

In Toronto, the temperature range in spring is historically from -2° to $+24^{\circ}$ Celsius (C). It's common for it to rain during this period and on rare occasions, it might even snow. In March and April, you will need to wear sweaters, a windproof and rainproof jacket and rainproof shoes. In May and June, it gets warm enough to go outside without a coat on.

Summer

(June 20 to September 22)

In Toronto, the temperature range in summer is historically from $+14^{\circ}$ to 30° Celsius (C). It can get quite hot and humid so bring appropriate clothing to stay cool — short-sleeve or sleeveless shirts, shorts, and sandals. Don't forget a hat, sunglasses and sunscreen to protect you from the sun.

Autumn

(September 20 to December 21)

In Toronto, the temperature range in autumn is historically from -3° to $+21^{\circ}$ Celsius (C). September is almost as warm as the summer but October through to December can often require winter clothing. Buy a high-quality winter coat with a hood, long pants, sweaters and waterproof boots or shoes for you (and your family, if applicable).

Winter

(December 21 to March 20)

In Toronto, the temperature range in winter is historically from -7° to $+13^{\circ}$ Celsius (C). Snow falls and stays on the ground much of the time. January and February are the coldest months of the year and can be bitterly cold. It can be so cold outside that it is dangerous to go out with any skin exposed. Get thermal underwear tops and bottoms and wool socks for you (and your family, if applicable). Windproof hats, thick mittens, scarves and warm, waterproof boots are essential. For more information, see our Learning to Love Winter information or consider attending our 'Learning to Love Winter' session (usually in early October, and repeated in January for Winter arrivals. Check our Events Calendar for upcoming sessions).

PREPARING TO COME TO CANADA

Study Permits and Entry Visas

A study permit is written authorization issued to international students giving them permission to study in Canada. It is required for programs longer than 6 months. If you are planning to study in Canada for one term (less than 6 months), you may study under temporary resident status as a visitor. For any period longer than 6 months (two terms), a study permit is required. Students from some countries require a temporary resident visa (entry visa) to be eligible to enter Canada. The temporary resident visa (if required) will automatically be issued as part of a successful study permit.

If you want to be eligible to get a job on or off campus during your time at Eden College, you must have a study permit, and you must also be considered by Eden College to be a full-time student. Exchange Students are NOT eligible to work off-campus.

To obtain a study permit and/or a temporary resident visa (entry visa) you may apply through a Canadian visa office or visa application center (VAC) outside of Canada or you may be eligible to apply online. The study permit application costs CAD\$150 (or the equivalent in local currency), while a temporary resident visa application (if made on its own without a study permit application) costs CAD\$100. These applications can take as little as a few days and as long as 3 months to be processed.

General requirements include:

- A valid passport;
- Proof of acceptance from Eden College;
- Proof of adequate funds to cover living expenses for you and any dependents coming to Canada with you. Generally accepted evidence includes personal bank statements and/or letters pledging financial support from family or other sponsors;
- A medical examination may also be required;
- Citizens of some countries must provide biometrics (digital photographs and fingerprints);
- Any additional documents required by the immigration office where your application will be processed.
- You can find the forms and guide for the country that you are applying from at:

cic.gc.ca/english/information/applications/student.asp

WORKING IN CANADA

Working On-Campus

Students with a valid Study Permit are allowed to work on the campus of the institution at which they are registered full-time. A full-time student does not need a Work Permit to work on campus.

Working Off-Campus

You can only start working in Canada when your study program has started. You can't work before you start your studies. If you're able to work during your studies, it'll say so in the conditions on your study permit. You can find the eligibility requirements and more details at:

<https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/work/work-off-campus.html>

Internship Work

If a work placement is a required part of your Canadian academic program then you may qualify for a work permit at no charge.

There are few programs at Eden College that provide internship through the programs (please confirm with the department or faculty). It benefits the students with following:

- Hands-on job experience. The best way to learn is by doing. An internship provides the opportunity to not just apply classroom learning to the real world, but gain practical skills as well.
- Meaningful connections. Many jobs are obtained through connections. Internships provide networking opportunities and ways to meet people who can serve as mentors.
- An opportunity to “test drive” a career. Ideally, an internship will provide a taste of a particular job, which can help a student decide if that's the right career path for them. If not, there's often still plenty of time to make changes.
- Excellent resume boost. A great internship helps any resume, especially if it provides a student with hands-on experience in their field. It also serves as proof to employers that a graduate is serious about their chosen profession.
- Help society. Many students take internships with non-profits and other charitable organizations that provide beneficial services for a local community or society as a whole. The work of interns allows these organizations to save precious financial resources.



PREPARING TO COME TO EDEN COLLEGE

Admission Requirements for International Students

English Language Proficiency

All instruction at Eden College is in English. In order to complete the programs successfully, it is important for all students to have a minimum level of English proficiency that will allow them to participate in the programs. Students whose first language is not English will need to provide a test result showing sufficient English language skills in speaking, listening, reading, and writing.

- International English Language Testing System (IELTS). Required score: a minimum score of 4 overall.
- Academic Bridging Program offered by Eden College. Required score: a minimum grade of 75%.
- OR Test of English as a Foreign Language (TOEFL IBT). Required score: a minimum score of 31 overall.
- OR English For Academic Purposes (EAP) program Fundamental 2 or above (offered by Winnipeg Global Education College). Required score: a minimum grade of 80%.



SOCIAL INSURANCE NUMBER



Social Insurance Number (SIN)

A Social Insurance Number card is required to be paid for work in Canada. International students who successfully apply will get a SIN that starts with a “9” and that has an expiry date (which usually matches their study permit). The Social Insurance Number is also used for credit record purposes. It is very important and should be kept confidential (you do not need to keep it with you).

How To Apply

Applications are processed by Service Canada. The office nearest to Eden College is at Joseph Shepard Building, Floor 1, 4900 Yonge Street, North York, Ontario. It is open from 8:30am to 4:00pm, Monday to Friday. There is no cost to apply for a Social Insurance Number. Once you submit your application, you will be given a receipt with your SIN.

Expiry Dates

International students or workers should be issued a Social Insurance Number confirmation sheet with an expiry date that matches their study or work permit. To continue to work and be paid, it will be necessary to extend your confirmation. This can only be done after extending your study and/or work permit.

By applying to extend your study and/or work permit before expiry date, you will have “implied status” which allows you to stay in Canada while a decision is made. That “implied status” also applies to your Social Insurance Number. That means you can legally continue to work and be paid while you wait for your new immigration document. Once it arrives, you can return to the Service Canada office with the proper documents to apply for extension of your SIN (the number will be the same).

INCOME TAX, ESTIMATED LIVING COSTS AND BANKING IN CANADA

Income Tax

Most students will not earn enough income from Canadian sources while they are studying to be required to pay income tax. Instead, many students will qualify for tax credits/refunds without having to pay income taxes (or even having had Canadian income). Preparing a tax return will determine if you need to pay or if you will receive a refund. The Canada Revenue Agency offers a series of videos that can help international students understand their rights and responsibilities with regard to taxes in Canada.

Estimated Living Cost

Eden College offers information about:

- Living Expenses;
- Tuition and Fees and;
- Books and Supplies,

Banking in Canada

What should I take with me to open a bank account?

- ♦ Your Passport or Birth Certificate
 - ♦ Your Study Permit or Work Permit (if you have one)
 - ♦ A second piece of identification
 - ♦ Some money to deposit
 - ♦ Your Eden College Student ID (or a copy of your offer of admission) to be eligible for special student plans.
- Bank staff will explain how to open an account. Please ask them questions if there are details you do not understand.

Major Canadian National Banks

- ♦ Bank of Montreal
- ♦ Canadian Imperial Bank of Commerce (CIBC)
- ♦ Royal Bank of Canada (RBC)
- ♦ Scotiabank
- ♦ Toronto Dominion (TD) Canada Trust

Other Banks

- ♦ HSBC Bank of Canada

INTERNET AND CELLULAR (MOBILE) PHONE

Internet

For students living off-campus interested in having internet access at home there are a few options for highspeed (broadband) internet access.

- Bell Canada
- Rogers Fibre Powered Internet
- Fido Home Internet
- Telus Internet
- Primus
- Xplornet

Cellular (Mobile) Phones

If you are interested in bringing your cellular/mobile phone from home, Canada's three major cellular providers (and their sub-brands) are able to sell SIM cards that can be placed in existing phones. While many companies offer discounts that encourage people to choose their services, many of the best deals require signing a contract for as long as 36 months. It is important that you understand your responsibilities should you choose to sign a contract. Some companies do offer "pay as you go" otherwise known as pre-paid plans which require the purchase of a phone and then air time as it is used. This is the most common option for those in Canada for a short period of time. All cellular companies offer SMS text messaging. Be sure to confirm if there are any additional costs for sending or receiving messages (especially to and from overseas). It is best not to assume that the mobile services in Canada will be the same as those you may be used to. Consider exactly how you intend to use the phone (ie. local calls only, receiving calls from abroad, lots of text messaging, etc.) and choose your service accordingly.

Cellular (Mobile) Companies

- Bell Mobility
- Fido
- Freedom Mobile
- Koodo Mobile
- Rogers Wireless
- Telus Mobility
- Virgin Mobile

It is important to confirm that your phone is compatible with the network before purchasing a SIM card.

ACCOMMODATION

Toronto is Canada's largest city and one of the most multicultural cities in the world. International students are moving in and out every day, and there is a large selection of very useful websites that will help you find accommodation in Toronto. Please see the list below:

- Homadorma
- CasaToronto
- Realtor.ca
- Condos.ca
- PadMapper
- Hollyburn
- Kijiji
- Craigslist
- Apartmate

IMPORTANT: We have provided the above list solely to assist students in finding accommodation. We do not have any affiliation with the companies listed above, nor do we provide rent services to students.

What Should I Know Before Renting a Place?

What constitutes the best place to live is not the same for everyone, therefore each student's housing search will be different. Budget, proximity to school, shopping and services, and personal preference all play a role in helping you choose housing. Each situation however shares some commonalities:

- a written contract is the best way to be clear how much you are paying and for what - don't be afraid to ask for clarification of what is meant by "clean", or "shared";
- you should never provide money until you are certain of your decision - rental contracts are usually binding, even if you feel a situation was misrepresented;
- you should always be given a receipt for any money given to the landlord;
- every person has the right to a home that meets minimum health and safety standards. Resources to help you understand and exercise your rights are generally free of charge.



SHOPPING ECONOMICALLY

General Information

In Toronto there are many different types of stores and sales which sell goods of varying types, quality and price. The following are a few points to remember:

- Products in stores will have prices marked on the display or the products themselves. It is not customary to negotiate the price of goods at most stores.
- Tax (Harmonized Sales Tax or HST) is payable on almost everything you buy, so the price you actually pay is the advertised price plus 13 percent (in the province of Ontario). That means that a \$10.00 item will actually cost you \$11.30. Some items, such as nutritional food (not candy or junk food) are tax-free. Other items that are tax-free include feminine hygiene products, footwear under \$30, and books.
- If you have any questions about the price or a product, ask the salespeople in the stores.

Some Places to Shop

1. Used Clothes, Furniture, Housewares, etc.

- low price, little variety, old styles and modern styles
- check the quality carefully before you buy the item
- Places to buy used stuff: Value Village, The Salvation Army , etc.

2. Garage Sales, Yard Sales, Flea Markets, or Rummage Sales

- sales are usually held in front of homes or apartments and are very visible from the street (mostly in the Spring and Summer).
- these sales occur at people's homes where the owners have looked through all their possessions and have decided to sell the items they no longer want.
- low prices (you may be able to bargain here), not a wide variety, old and modern items
- check quality carefully before buying as the sellers seldom accept returns or refunds
- Online options: Kijiji, Freecycle, Facebook Marketplace, etc.

3. Dollar Stores

- Dollarama
- Dollartree

4. Discount Department Stores

- Giant Tiger
- Walmart

5. Department Stores

- Found in Malls
- The Hudson's Bay

Why We're The Best?



ACCELERATED LEARNING
finish faster



REAL-WORLD EXPERIENCE
upgrade core job skills



**FLEXIBLE LEARNING
OPTIONS**
part-time & full-time

MORE FACTS ABOUT EDEN

- As a career college, our courses are designed to help prepare you for success in your career.
- You will learn from skilled and trained teachers, many of whom have current or recent industry experience.
- Our staff will welcome you, help you settle in, and support you along your journey to success.
- We can help you secure the funds you need with scholarships and awards.

01

Weekly class topics on the latest industry trends

02

Experienced and professional instructors

03

Small class sizes and flexible schedules with daytime, evening and weekend classes available

04

Networking with other professionals within the industry to optimize student focus and success

05

Financial assistance and flexible payment plans available to those who qualify

06

Career-focused diploma and certificate programs to help you secure your dream job

07

Course curricula written by subject matter experts, offered in an organized and structured learning environment

08

Become successful in your chosen field with many career opportunities available upon graduation



SO MUCH MORE THAN A COLLEGE!

Study with us and you will gain a wide range of skills and experiences that will prepare you for the next step, whether it be furthering your education or finding your dream job.

Student Life

Plug into campus life with small class sizes, dynamic community networking, and campus events.



STEER YOUR CAREER IN THE RIGHT DIRECTION

**WE CAN'T
WAIT TO
MEET YOU!**

Contact us

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North York,
ON M3B 3L6



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